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# *Horses, Nature and Training*

It's an innovative program  
assisted by  
unconventional teachers,  
horses.

Dive in nature to live a  
unique experience and  
to gain useful tools to  
enhance your private and  
professional life.



*FOR FURTHER INFORMATION  
PLEASE CONTACT*

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## THROUGH THE EYES OF THE HORSE

EXPERIENTIAL TRAINING FOR  
WORKING GROUPS



## *WHY HORSES*

Like humans, horses are social beings that live in herds with defined hierarchies, roles, assignments, responsibilities, and relationships very similar to a human community or to an organization.

*A different  
perspective  
for  
corporate training*

## THE PROPOSAL

It's addressed to both corporations for the harmonization of working groups and individuals who want to explore their resources, all aiming to expand their communication skills and leadership style.

## THE TRAINING

Surrounded by nature, in a relaxed environment far from the frantic rhythm of the urban life, it's more comfortable to let go and make an experience either individually or in a group, as the willingness to learn and the openness to change are favoured.

Thanks to the pristine and straightforward horses' feedback, masters of body language and emotions, attendees identify their strengths, their resources that can also serve the group, their emotional challenges, what drives them, and if their life patterns are productive.

## THE ORGANIZATION

It's a group activity (12 people). The format can be either 1 or 2 days, and it's agreed upon and tailored to clients' needs.



**The activities with the horses are groundwork only, so no riding experience is required.**